

Expert Professionals

Our team of highly skilled therapists are committed to enhancing your child's well-being through specialized care.

We are dedicated to supporting each child's healthy development through comprehensive resources and expert guidance.

Our Clinic

We strive to create a warm, welcoming environment that feels like home.

Every detail has been considered to ensure both children and their families feel comfortable and supported.



Testimonials

"My son just completed a 5-day intensive at Bright Beginnings, and we're already seeing incredible changes. We've noticed a calmness and ease in his daily routine that wasn't there before. His coordination and core strength have significantly improved, which is boosting his self-confidence. Serena and her team were incredibly welcoming, making my son feel at ease within minutes. They kept the sessions engaging and motivating, all while providing expert guidance. The staff's knowledge and responsiveness to our questions were truly impressive. A heartfelt thank you to Serena, Rich, and Val for everything!"

-J.

"I am a wreck. He's listening automatically about stuff, he's smiling at us instead of his usual neutral expression, he's making jokes and laughing about them and he's been the most regulated he's maybe ever been and saying SENTENCES (he said open door little while ago) I absolutely cannot believe it"

-T

Our technique has shown significant improvement with communication, regulation, independence, and more for children with neurodevelopmental delays



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INTENSIVE THERAPY

Evidence-Based
+

Patient Centered
+

Advanced Technology

609-407-3809

www.brightbeginningsptsj.com

Our Mission

Our mission is to empower children on their unique journeys, focusing on their needs to provide effective, tailor-made care. We are proud to be one of the providers in New Jersey offering groundbreaking treatments that ensure children receive the support necessary for natural and efficient growth.

We foster an environment that nurtures development while tackling the challenges that may impede a child's progress. We provide the brain and body what is needed in order to participate in other interventions more successfully. Intensives create change that is simply not possible due to limitations of typical treatment approaches.



Let Bright Beginnings pave the way for your child's success—where innovative therapies and compassionate care meet.

**ADHD
PANS/PANDAS
AUTISM
DYSLEXIA**

**TBI
SPD
CONCUSSIONS
& MORE**

Our
**innovative,
medication
free, &
non-invasive**
therapy to help
unlock a child's
full potential.



Services

Occupational Therapy Services
Specializing in Sensory and Primitive
Reflex Integration

Our Intensive programs provide personalized treatment plans that make a real impact. It is designed to take advantage of the neuroplasticity in the brain through consistent and targeted therapies within a brief time period. Daily sessions ensure children make substantial strides in their development, whether they face developmental delays, learning challenges, or behavioral issues.

Our programs focus on integrating retained primitive reflexes, improving sensory processing, improving neuro-motor coordination, and enhancing fundamental skills.

Benefits

- Customized Therapeutic Approach
- Medication free and non-invasive therapy
- Speech and communication improvements
- Improvement with regulation and task attention
- Primitive Reflex Integration: We understand that retained primitive reflexes can hinder emotional, behavioral, and cognitive development. Our targeted therapies aim to identify and integrate these reflexes to promote healthy growth.
- Low Level Laser Therapy (LLLT): or photobiomodulation. This technique utilizes red, infrared, and violet light to promote healing, alleviate pain, and diminish inflammation. It has the potential to address various neurological issues, including traumatic and acquired brain injuries, cognitive impairments, and disorders such as OCD, anxiety, ADHD, and more.
- Cutting edge technology: We seamlessly integrate cutting-edge techniques such as Neurosage, RezziMax, Neuro Sensorimotor Integrator, Metronome, Apollo, to elevate cognitive and neurological well-being.



Unlocking potential, fostering independence, and celebrating progress